Science Milestones

Plants

- --[] explore plants with senses
- --[] know that plants grow
- --[] know that some plants are edible
- --[] know that plants are alive
- --[] know what plants need to grow and stay healthy.
- -- [] know some differences and similarities between plants and animals
- --[] identify leaf, stem, roots, flower
- --[] know where plants fit into food chains
- --[] explain how water is transported within plants
- --[] name 2 parts of a flower
- --[] explain different methods of pollination (e.g. wind, insect)
- --[] know that plants reproduce
- --[] describe some ways that seeds can be dispersed
- --[] classify plants based on characteristics.
- --[] identify how plants are adapted to suit their environment and that adaptation may lead to evolution.
- --[] use the term 'photosynthesis' correctly
- --[] know one input and one output for photosynthesis
- --[] stain and examine plant cells with a microscope
- --[] compare plant and animal cells
- --[] explain the carbon cycle in simple terms
- --[] state a link between plants and climate change
- --[] know what genetic engineering means in simple terms.
- --[] give one reason for and against genetic engineering for food.

Animals including humans

- --[] experience animal life cycles, e.g., observe caterpillar, butterfly
- --[] show a reaction to a sensory input, e.g., taste, sound
- --[] show knowledge of body parts, e.g., lifts leg on request
- --[] Know that humans have human children
- --[] knows that some plants and some animals are edible
- --[] Knows that animals have different homes
- --[] can order the life cycle of at least one animal.
- --[] can correctly link 2 sense organs to senses
- --[] can identify limbs, head on self and others.
- --[] shows understanding that biological males and females have different bodies
- --[] knows mammals give birth to live young, birds lay hard shelled eggs
- --[] describe at least 2 changes in at least 2 animals as they get older.
- --[] understand that most animals need a male and female to produce young
- --[] describe/indicate where a human baby grows
- --[] know at least 2 animals that live in 2 extreme climates
- --[] Order life cycle of a human
- --[] describe 2 changes that occur during puberty.
- --[] describe in simple terms how mammalian babies are conceived and born.
- --[] know that some animals eat plants, some eat animals, and some eat both.
- --[] correctly link all 5 senses to the correct input organs
- --[] Know the basic needs of animals for survival (water, food and air)
- --[] Know 1 benefit of exercise
- --[] know 2 components of a balanced diet
- --[] know 2 ways you can care for your teeth
- --[] know the function of 2 different types of teeth
- --[] identify and name a variety of common animals
- --[] correctly use the terms carnivores, herbivores and omnivores
- --[] describe some differences between 2 of the following: bird, fish, cat, frog, snake
- --[] know that living things can be grouped
- --[] use simple keys to group, identify and name a variety of living things

- --[] know that environments can change and that this can sometimes pose dangers to living things.
- --[] know what the skeleton is made from
- --[] know that muscles move bones
- --[] know 1 function of the skeleton
- --[] indicate where the heart is
- --[] know the heart pumps blood around our body, and that exercise makes your heart pump faster
- --[] Name parts of the body including genitalia
- --[] indicate on self the location of teeth, food pipe, stomach, intestines
- --[] know in simple terms the function of teeth, food pipe, stomach, intestines in digestion
- --[] interpret 3 organism food chains
- --[] describe the differences in the life cycles of a human and a frog
- --[] describe the life process of reproduction in one non-mammal.
- --[] give an example of mammal, reptile, bird, fish, amphibian
- --[] give 2 characteristics of each mammal, an amphibian, an insect and a bird
- --[] name the main parts of the human circulatory system
- --[] describe the functions of the heart, blood vessels and blood
- --[] know 4 things that have a negative impact on human health
- --[] know the role of the diaphragm in breathing.
- --[] know the impact of exercise, asthma and smoking on the human lungs
- --[] know the content of a healthy human diet: carbohydrates, lipids (fats and oils), proteins, vitamins, minerals, dietary fibre and water, and why each is needed
- --[] explain some consequences of imbalances in the diet, including obesity, starvation and deficiency diseases
- --[] stain and examine animal cells under a microscope
- --[] know 2 differences between plant and animal cells.
- --[] know that fossils provide information about living things that inhabited the Earth millions of years ago
- --[] know that living things change over time
- --[] Know that normally offspring vary and are not identical to their parents

- --[] give 2 examples of how living things are adapted to suit their environment
- --[] understand how adaptation may lead to evolution.

Materials

- --[] sensory exploration of materials
- --[] experience changing states of matter ice / water
- --[] choose clothing in different seasons
- --[] observe mixing
- --[] choosing materials for homes with simple reasons for choice
- --[] understand that cooking is not reversible
- --[] distinguish between an object and the material from which it is made
- --[] identify and name a variety of everyday materials wood, plastic, glass, paper
- --[] describe the simple physical properties of wood, plastic, glass, paper
- --[] compare and group together a variety of everyday materials on the basis of physical properties.
- --[] correctly use the terms melt and freeze
- --[] correctly use the term reversible change with an example
- --[] correctly use the term irreversible change with an example
- --[] choose materials to make a boat and give 2 reasons for choices.
- --[] identify a solid, a liquid, and a gas
- --[] use the terms melting, freezing, evaporating, condensing
- --[] identify the part played by evaporation and condensation in the water cycle and associate the rate of evaporation with temperature.
- --[] recall the freezing point of water
- --[] draw or otherwise show the simple particle model for states of matter
- --[] explain the relative closeness and speed of movement of particles
- --[] show an understanding of gas pressure in simple terms
- --[] explain the concept of a pure substance

- --[] explain the concept of mixtures
- --[] explain dissolving in terms of particles
- --[] explain diffusion in terms of the particle model
- --[] describe some techniques for separating mixtures: filtration, evaporation & chromatography
- --[] classify materials based on a wider range of characteristics, e.g., hardness, solubility, transparency, conductivity (electrical and thermal), and response to magnets
- --[] know that some materials will dissolve in liquid to form a solution, and describe how to recover a solute from a solution
- --[] know that temperature affects solubility
- --[] Give 2 examples of irreversible change
- --[] write word equations for 2 irreversible changes
- --[] understand the difference between an element and a compound
- --[] know the pH scale in terms of 'very acidic, neutral, very alkaline'
- --[] give examples of items with low/neutral/high pH and link to properties
- --[]-understand that scientists use symbols to represent elements and compounds
- --[] recognise the periodic table as a way of organising elements
- --[] understand that metals have similar properties to each other
- --[] construct atomic diagrams for the first 20 elements
- --[] use a given atomic structure to place an element in a group on the periodic table
- --[] use a given atomic structure to predict reactivity.
- --[] know that elements bond together in fixed ways
- --[] know some structures that carbon forms
- --[] explain why carbon is 'special'
- --[] know the origins of hydrocarbon fuels
- --[] understand how distillation works when separating mixtures
- --[] know the word equation for combustion
- --[] link combustion of fuels to the carbon cycle and climate issues
- --[] explain conservation of mass in chemical reactions
- --[] balance given chemical equations

--[] explain the anomaly of ice-water transition

Rocks

- --[] group similar looking rocks
- --[] describe in simple terms how fossils are formed
- --[] know what soil is made from
- --[] explain how igneous and sedimentary rocks are formed
- --[] explain how metamorphic rocks are formed
- --[] know there is a rock cycle
- --[] explain the rock cycle
- --[] know the internal structure of the earth
- --[] know that the Earth is a source of limited resources
- --[] know some ways we can preserve resources
- --[] know that recycling has limited efficiency.

Seasonal change

- --[] explore different weather
- --[] link appropriate clothing to weather and seasons
- --[] Identify and contrast different seasons
- --[] name seasons and predict weather from observations
- --[] describe the changes in day length as the seasons change
- --[] know the sun is a source of light and heat
- --[] recognise that shadows are formed when the light from a light source is blocked by a solid object
- --[] find patterns in the way that the size of shadows change.
- --[] describe the movement of the Earth, and other planets, relative to the Sun in the solar system
- --[] describe the movement of the Moon relative to the Earth
- --[] use the idea of the Earth's rotation to explain day and night and the apparent movement of the sun across the sky.

- --[] understand and explain the phases of the moon
- --[] explain how the moon impacts tidal patterns on earth

Light and sight

- --[] experience light, dark and colour
- --[] name colours
- --[] experiment with colour mixing
- --[] recognise that they need light in order to see things and that dark is the absence of light
- --[] notice that light is reflected from surfaces
- --[] recognise that light from the sun can be dangerous and that there are ways to protect their eyes
- --[] recognise that shadows are formed when the light from a light source is blocked by a solid object
- --[] find patterns in the way that the size of shadows change.
- --[] recognise that light appears to travel in straight lines
- --[]use the idea that light travels in straight lines to explain that objects are seen because they give out or reflect light into the eye
- --[] explain transmission of light through materials: absorption, diffuse scattering and specular reflection at a surface
- --[] use a ray model to explain imaging in mirrors, the pinhole camera, the refraction of light and action of convex lens in focusing (qualitative)
- --[] describe that basic operation of the human eye
- --[] explain how we see colour
- --[] use a prism correctly and link to rainbows
- --[] explain that not all light is visible to the human eye
- --[] show basic understanding of the electromagnetic spectrum
- --[] give some examples of UV and IR light
- --[] describe the effect of colour on absorption/reflection of heat

Sound

- --[] experience different sounds, including making sound
- --[]experience vibration linked to sound with a resonance board/vibration bench other sensory equipment.
- --[] notices cause and effect with sound
- --[] name the sense organ associated with hearing
- --[] identify how sounds are made, associating some of them with something vibrating
- --[] recognise that sounds get fainter as the distance from the sound source increases
- --[] associate bigger vibration with louder sounds
- --[] know what vibrates to produce sound on 3 musical instruments
- --[] recognise that vibrations from sounds travel through a medium to the ear
- --[] find patterns between the pitch of a sound and features of the object that produced it
- --[] find patterns between the volume of a sound and the strength of the vibrations that produced it
- --[] recognise that sounds get fainter as the distance from the sound source increases
- --[] sound needs a medium to travel, the speed of sound in air, in water, in solids
- --[] auditory range of humans and animals.

Forces

- --[] Experience pushes and pulls with toys and play equipment
- --[] find out how the shapes of solid objects made from some materials can be changed by squashing, bending, twisting and stretching
- --[] name some simple forces e.g. push, pull, squash
- --[] compare how things move on different surfaces
- --[] explain that unsupported objects fall towards the Earth because of the force of gravity acting between the Earth and the falling object
- --[] identify the effects of air resistance, water resistance and friction that act between moving surfaces

- --[] recognise that some mechanisms, including levers, pulleys and gears, allow a smaller force to have a greater effect
- --[] explain floating and sinking in terms of up thrust and balanced forces
- --[] explain that pressure is greater over a smaller area
- --[] know that force is needed to cause objects to stop or start moving, or to change their speed or direction
- --[] forces as pushes or pulls, arising from the interaction between two objects
- --[] use force arrows in diagrams moment as the turning effect of a force
- --[] force is measured in newtons
- --[] force-extension linear relation; Hooke's Law as an example
- --[] non-contact forces: gravity forces acting at a distance on Earth and in space, forces between magnets and forces due to static electricity.

Magnetism

- --[] notice that some forces need contact between two objects, but magnetic forces can act at a distance
- --[] observe how magnets attract or repel each other and attract some materials and not others
- --[] compare and group together a variety of everyday materials on the basis of whether they are attracted to a magnet, and identify some magnetic materials
- --[] describe magnets as having two poles
- --[] predict whether two magnets will attract or repel each other, depending on the poles
- --[] know that magnetic field exist
- --[] know that the earth has magnetic field and this can be used for navigation
- --[] observe the magnetic effect of a current
- --[] know that electromagnets can be switched on and off, and some uses for this

Electricity

- --[] Experience battery operated toys.
- --[] Use toys with switches.
- --[] Understand on/off
- --[] What uses mains or battery
- --[] give examples of how to use electricity safely
- --[] construct a simple series electrical circuit
- --[] identify parts of a circuit, including cells, wires, bulbs, switches and buzzers
- --[] identify whether or not a lamp will light in a simple series circuit
- --[] recognise that a switch opens and closes a circuit and associate this with whether or not a lamp lights in a simple series circuit
- --[] recognise some common conductors and insulators, and associate metals with being good conductors.
- _--[] associate the brightness of a lamp or the volume of a buzzer with the number and voltage of cells used in the circuit
- --[] use recognised symbols when representing a simple circuit in a diagram.