Yellow Preparing for Adulthood

Personal Independence

-H1:

--Independence

- ---[]Pupil can find their way to a familiar room, person or move to a new self chosen activity with support
- ---[]Pupil can move to self chosen activity with support
- ---[]Pupil can search out familiar resources for activity independently
- ---[]Pupil can use resources for new task
- ---[]Pupil is aware of the ability to change their mind--- Pupil can give their attention to a familiar task/activity without prompts

-- Money and Finance

- --[]Pupil responds with curiosity to stimuli about what money looks like
- --[]Pupil responds with curiosity to stimuli about different items that shops sell

-H2:

--Independence

- ---[]Pupil can initiate and take part in new activities more often
- ---[]Pupil understands agreed codes of behaviour which help groups work together
- ---[]Pupil demonstrates turn taking in familiar situations
- ---[]Pupil demonstrates turn taking with minimal prompts
- ---[]Pupil accepts change with less support
- ---[]Pupil can search out unfamiliar resources for activity independently
- ---[]Pupil can choose tasks independently
- ---[]Pupil can ask for help with more confidence
- ---[]Pupil can ask lots of questions to find out more specific information

-- Money and Finance

--[]Pupil responds with curiosity to stimuli about different items that shops sell

-H3:

--Independence

- ---[]Pupil follows a variety of rules in different situations
- ---[]Pupil begins to organise self with prompts for known activities
- ---[]Pupil identifies resources for familiar tasks and collects them

- ---[]Pupil can show resilience in an appropriate manner
- ---[]Pupil is developing an understanding of slapstick humour or simple jokes
- ---[]Pupil is aware of different resources for different routines and activities
- ---[]Pupil begins to organise self independently and initiates in known activities
- ---[]Pupil asks for help more confidently in all types of activities
- ---[]Pupil can play cooperatively, including sharing activities in less demanding situations

--Money & Finance

--[]Pupils identify items that are for sale in shops (including online) and begin to understand value comparison. E.g. A tin of baked beans usually costs less than a jar of coffee, a medium chicken usually costs more than a packet of crisps.

-H4:

--Independence

- ---[] Pupil can organise themselves in familiar activity without support
- ---[] Working alone pupil plans simple tasks, selects and maintains attention in familiar small group activity
- ---[] Pupil recognises a simple mistake and self manages to make it right
- ---[] With some support, pupil can negotiate activities in unstructured times
- ---[]Pupil can organise themselves in familiar activity without support
- ---[]Working alone, pupil plans simple tasks, selects and maintains attention in familiar small group activity
- ---[]Pupil uses simple jokes and simple idioms but not always understand what it means
- ---[]Pupil begins to demonstrate resilience by standing up for themselves and their ideas when challenged by friends/peers

--Money & Finance

- --[]Pupils can identify places or situations where money (cash) is still used to pay for things. E.g. Cafes, car parks, buses, fetes, fairs, car boot sales, food deliveries (takeaways), etc
- --[]Recognise that there are different methods of payment as well as money (cash), such as bankcards
- --[]Discuss bankcard safety (including Pin numbers)

-H5:

--Independence

- ---[] Pupil begins to show more confidence in talking, sometimes to people who are unfamiliar
- ---[] Pupil organises self to wear appropriate clothing
- ---[] Pupil begins to check their own work and self correct linked to criteria set (this may be prompted)

- ---[] Pupil can carry out steps with support to travel on a simple journey
- ---[] Pupil demonstrates increasing confidence at working independently
- ---[]Pupil is able to relay simple message
- ---[]Pupils will help ask for help for specific concerns
- ---[]Pupil asks questions for increasingly wider situations
- ---[]Pupil begins to show more confidence in talking sometimes to people who are unfamiliar
- ---[]Pupil begins to choose how to link their learning
- ---[]Pupils begin to check their own work and self correct linked to criteria set
- ---[]Pupils remain positive in event of problem or challenge
- ---[]Pupil consistently demonstrates resilience by standing up for themselves when challenged by peers

-- Money & Finance

- --[]Identify where we may obtain money from and for what reasons. E.g. Presents from relatives or pocket money
- --[]Recognise that saving money means increasing amounts by not spending (all of it)
- --[]Become aware that some methods are better than others for keeping money safe

-H6:

--Independence

- ---[] Pupil, with support, begins to understand that effort is needed to achieve desired outcomes and to persevere
- ---[] Pupil can carry out steps independently to travel on a simple journey including safety on/near a road
- ---[]Pupil can take part in and organise themselves in familiar and new routines
- ---[]Pupil can apply knowledge and begin to use a wider number of strategies (thinking flexibly)
- ---[]Pupil uses simple jokes and idioms more appropriately
- ---[]Pupil can recognise achievement in other pupils in the class and begin to say why
- ---[]Pupil, with support, begins to understand that effort is needed to achieve desired outcomes
- ---[] Pupil can recognise achievements of other pupils in the class and begin to say why

-- Money & Finance

- --[]Identify what is meant by a 'need' and a 'want' and be able to distinguish between the two
- --[]Identify needs and wants in relation to spending money
- --[]Identify things we can afford to buy with a given amount (such as pocket money)

-H7:

--Independence

- ---[] Pupil perseveres in face of challenges and setbacks
- ---[] Pupil can identify when they need help
- ---[] Pupil reviews activities to inform future planning in a small group
- ---[] Pupil avoids involvements in conflict situations or arguments
- ---[]Pupils can encourage others through their positive approaches
- ---[]Pupil can understand jokes and idioms and more able to say what they mean
- ---[]Pupil is more confident /flexible in choosing strategies
- ---[]Pupil can identify when they need help

--Money & Finance

- --[]Recognise that money we get from the bank or cash machines belongs to us.
- --[]Identify other means of acquiring our money (cashback at supermarkets, etc)

-H8:

--Independence

- ---[] Pupil approaches new tasks with a positive attitude
- ---[] Pupil can modify and adapt their actions and ideas in response to familiar/ unfamiliar people and events
- ---[]Pupil is understanding of benefits of wide variety of strategies and begins to choose the most effective
- ---[]Pupil can approach a new task with a positive attitude
- ---[]Pupil to be more creative in strategies to use (within regulation or boundaries)
- ---[]Listen and respond carefully to others speaking and show this by making some variation to vocabulary to suit audience
- ---[]Pupil can understand jokes and idioms and more able to say what they mean
- ---[]Pupil begins to know how they learn best
- ---[]Pupil identifies learning opportunities, choices and strategies to meet personal needs and achieve goals

-- Money & Finance

- --[]Pupil can explain what is meant by earning, spending and saving money
- --[]Pupil can identify different ways we are encouraged to spend our money, including online (e.g. advertisements)

--[]Understand the consequences of losing money or spending more than we have (going into the 'red')

-H9:

--Independence

- ---[] Pupil can choose clothing which is appropriate to the setting
- ---[] Pupil identifies learning opportunities, choices and strategies to meet personal needs and achieve goals
- ---[] Pupils shows capacity to have fun and display enjoyment of activities
- ---[] Pupil is not afraid of new things and doesn't fear failure when taking on new tasks
- ---[] Pupil shows confidence in most situations while not showing bravado, recklessness or unrealistic expectations of their confidence

-- Money & Finance

- --[]Explain what is meant by the terms 'afford', 'borrow' and 'lend' in the context of money
- --[]Explain the difference between essential and luxury purchases
- --[]Demonstrate skills for budgeting and managing money/ potential income
- --[]Pupil can explain what is meant by credit and debt
- --[]Pupil can describe some simple examples of what is meant by 'value for money'
- --[]Pupil can identify what we can do if something we buy is faulty or needs to be refunded/ changed (consumer rights)
- --[]Pupil can demonstrate enterprise skills (E.g. Taking part in making and selling items such as cakes or gifts)

Community

-H1:

-- Respecting Differences

--[]Pupil is aware and curious about the physical differences between people

--Belonging to a Community

- --[]Pupil begins to show an awareness of 'belonging'. E.g. To their family, class, school etc
- --[]Pupil responds to stimuli about different groups such as clubs, faith, etc

--Awareness of Others

- ---[]Pupil makes purposeful relationships with others in group activities, with minimum support
- ---[]Pupil shows some consideration of the needs/feelings of other people and other living things

--Communication

---[]Pupil actively participates in a small group activity with minimum support

---[]Pupil may initiate communication with peers about a topic of interest

--Social Conventions/Moral

- ---[]Pupil takes turns with others in structured activities, with minimum adult support
- ---[]Pupil begins to show basic understanding of what is right and wrong in familiar situations

-H2:

-- Respecting Differences

--[]Pupil can describe simple physical similarities and differences between people (E.g. short, tall, eye colour, hair colour, male, female ...)

--Belonging to a Community

- --[]Pupil begins to identify some different groups that people may belong to because of things they have in common. E.g. family, school, clubs, faith
- --[]Pupil begins to describe what happens (things we do) in the groups we belong to

-Awareness of Others

- --[]Pupil is often sensitive to needs/feelings of others and shows respect for selves and others
- --[]Pupil recognises and responds to the order within a group when taking turns with minimal prompts

--Communication

- ---[]Pupil begins to sustain relationships
- ---[]Pupil recognises need for help and asks for this appropriately
- ---[]Pupil begins to negotiate with others in a variety of situations
- ---[]Pupil initiates conversations and attends to what others say with both peers and adults

--Social Conventions/Moral

- ---[]Pupil takes on roles with peers
- ---[]Pupil understands the need for rules in games and shows an awareness of how to join in with others in different situations
- ---[]Pupil understands when they have done something right or wrong

-H3:

-Respecting Differences

--[]Pupil can recognise some cultural similarities and differences between people (E.g. ethnicity, religious identity, etc)

--Belonging to a Community

- --[]Pupil can describe how being part of a group makes us feel
- --[]Pupil can identify/ describe specific things we take part in as a member of these groups. E.g. Commitment, roles, responsibilities, etc

--Awareness of Others

- ---[]Pupil can play cooperatively, taking turns and sharing activities in less demanding situations
- ---[]Pupil takes account of one another's ideas about how to organise their activity
- ---[]Pupil can show sensitivity to the needs and feelings of others' to form positive relationships with adults and peers

--Communication

- ---[]Pupil negotiates with others in a variety of situations with increased understanding of any opposing views
- ---[]Pupil can focus on messenger

--Social Conventions/Moral

- ---[]Pupil begins to recognise the difference between the truth and a lie
- ---[]Pupil can understand the aims of simple games, tasks and rules
- ---[]Pupil can learn from mistakes
- ---[]Pupil knows that it is wrong to hurt others
- ---[]With intermittent prompting, pupil treats others with respect in 1:1 and small group situations
- ---[]Pupil treats living things and environment with care and concern

-H4:

-- Respecting Differences

--[]Pupil recognises that people who share one characteristic (E.g. race, religion, gender or disability) are also different and unique

--Belonging to a Community

- --[]Pupil can explain what is meant by being part of a community
- --[]Pupil can recognise different groups that make up our community

--Awareness of Others

- ---[]Pupil participates in range of familiar group tasks
- ---[]Pupil contributes to achievement of group goals with support

--Communication

- ---[]Pupil understands and responds appropriately to straightforward comments or instructions directed at them
- ---[]Pupil looks at who is talking and thinks about what they are saying
- ---[]If used pupil may make simple jokes and simple idioms but does not always understand what they mean

--Social Conventions/Moral

- ---[]Pupil shows more awareness of the aims and roles in games or activities
- ---[]Pupil continues to develop and understand right and wrong

-H5:

--Respecting Differences

- --[]Pupil understands that we should not make assumptions about people because they belong to a particular group
- --[]Identify possible reasons for why some people might be rude or unkind towards others because they are different
- --[]Begin to understand the terms prejudice(d) and discrimination

--Belonging to a Community

- --[]Pupil can explain how it feels to be part of a community
- --[]Pupil can suggest ways we can help people feel welcome in the different groups and communities we belong to

--Awareness of Others

- ---[]Pupil is aware of the role of others', familiar tasks
- ---[]Pupil can complete activities with peers
- ---[]When asked, pupil is able to say what others did well

--Communication

- ---[]Pupil contributes to achievement of group goals without support
- ---[]Pupil can negotiate with others in a variety of situations

--Social Conventions/Moral

- ---[]Pupil can understand why they need to follow rules
- ---[]Pupil has a basic understanding of personal space

-H6:

-- Respecting Differences

- --[]Pupil understands that we sometimes hear or read something that is unkind or rude (including online) and explain ways to safely respond or report it
- --[]Pupil understands that we should not 'like' or share comments that could be seen as discriminatory or prejudiced

--Belonging to a Community

--[]Pupil can recognise that both groups and individuals can work towards changing things to make communities and society better

- --[]Pupils demonstrate their role through community groups they have chosen to belong to. E.g. Scouts, Guides, faith, St John's Ambulance, Cadets, etc
- --[]Pupil indicate a desire/ aspiration to play a part in the community in the future. E.g. Parish Council, School Governor, etc

-Awareness of Others

- --[]Pupil can maintain positive relationships with peers
- ---[]Pupil has some understanding of the effect their behaviour has on others, with adult support, and cooperate in some less demanding situations
- ---[]Pupil can recognise a good role model with support

--Communication

- ---[]Pupil does not interrupt a conversation they are not involved in
- ---[]Pupil can take turns to speak with another person or small group and answer simple questions relating to topical issue
- ---[]Pupil responds appropriately to others actions and comments

--Social Conventions/Moral

- ---[]Pupil has a more consistent approach to right and wrong
- ---[]Pupil can understand the consequences for wrong choices within routines and familiar settings
- ---[]Pupil can understand the potential consequence of a lie or untruth
- ---[]Pupil is able to identify the difference between a wider variety of people in different contexts

-H7:

-- Respecting Differences

- --[]Pupil Identifies what we all have in common despite differences (E.g. in age, ability, sex, sexual orientation and gender identity)
- --[]Pupil identifies different kinds of rights and responsibilities we have inside and outside school

--Awareness of Others

- ---[]Pupil adapts ideas with encouragement from peers
- ---[]Pupil can identify ways that they can show care towards each other
- ---[]Pupil can celebrate, without prompts, other pupil's achievements

-- Communication

- ---[]Pupil can take part in discussions with another person or whole class and share their opinion
- ---[]Pupil adapts ideas when communicating with group with adult encouragement

--Social Conventions/Moral

---[]Pupil is more able to accept an equitable share

---[]Pupil is aware of social conventions in public places and how their behaviour should be in a variety of situations

-H8:

-- Respecting Differences

- --[]Pupil can explain the benefits of diversity for our friendships and our community
- --[]Pupil can identify why stereotyping is unfair
- --[]Pupil can recognise that everyone has 'human rights' and the law protects these rights

-- Awareness of Others

---[]Pupil can develop relationships with newly introduced people

-- Communication

- ---[]Pupil can consistently express feelings and thoughts when communicating in a group
- ---[]Pupil can describe simple similarities and differences between people and explain, with support, ways in which family and friends should care for one another

--Social Conventions/Moral

- ---[]Pupil can understand consequences for wrong choices and the need to follow rules within wider community
- ---[]Pupil can recognise differences in groups of people

-H9:

-- Respecting Differences

- --[]Pupil understands that different cultures and faith groups have the right to practise their customs and beliefs within British law
- --[]Pupil can explain how stereotypes can lead to discrimination which in turn may be against the law in Britain

--Awareness of Others

---[]Pupil can recognise the effect of their behaviour on others

--Communication

- ---[]Pupil can listen to key information and make relevant comments
- ---[]Pupil realises they have made the wrong choice and can articulate that they have changed their mind

--Social Conventions/Moral

- ---[]Pupil can cooperate with others
- ---[]Pupil has the ability to follow rules
- ---[]Pupil can accept consequences of wrong doing

---[]Pupil can recognise a good role model and what makes them a good role model

-H10:

--Awareness of Others

---[]Pupil can adapt ideas and actions and can make suggestions as a member of a group

--Communication

- ---[]Pupil communicates consistently with members of a group
- ---[]Pupil can express thoughts, feelings and ideas about an activity
- ---[]If used pupil can use simple jokes and idioms more appropriately

--Social Conventions/Moral

- ---[]Pupil respects teacher and cooperates, responding positively to instruction
- ---[]When a pupil is faced with a moral dilemma, they demonstrate that they can make an informed decision, thinking about possible solutions; reflecting on the questions

-H11:

-- Awareness of Others

---[]Pupil acts in a way to positively support the thoughts and feelings of others

--Communication

- ---[]Pupil can take part in discussions giving their opinions and justifying this in an appropriate way
- ---[]Pupil can add detail to make what they are saying more interesting to the listener

--Social Conventions/Moral

- ---[]Pupil understands the consequences of breaking rules in a wider context
- ---[]Pupil is able to judge what kind of physical contact is acceptable or unacceptable and how to respond

-H12:

--Awareness of Others

- ---[]Pupil is able to respond to understand why you need to repair harm
- ---[]Pupil knows that some relationships may end
- ---[]Pupil is able to show ways to maintain a good relationship and give support to others

--Communication

- ---[]Pupil is able to communicate their views in restorative approaches with adult support
- ---[]Pupil is able to describe impact of differences between individuals and groups

--Social Conventions/Moral

---[]Pupil has the ability to follow rules and social conventions in a wider variety of situations

- ---[]Pupil can describe the qualities of a good citizen
- ---[]Pupil can list groups that can be discriminated against

-H13:

-- Awareness of Others

---[]Pupil can recognise the effect of their behaviour on others and support those with difficulties

--Communication

- ---[]Pupil takes part in discussions in a variety of ways, contributing more confidently in simple debates
- ---[]Pupil can confidently present an informed decision about event or activity in the future, when challenged, by an adult, who has a different view by giving justifications when asked why

--Social Conventions/Moral

- ---[]Pupil can maintain a variety of healthy relationships within a range of social and cultural contexts
- ---[]Pupil treats other pupils as equals and does not dominate, intimidate or abuse

-H14:

--Awareness of Others

- ---[]Pupil more able to sustain relationships
- ---[]Pupil is aware of different types of relationships
- ---[]Pupil appreciates friends

--Communication

- ---[]Pupil respects other pupils and uses appropriate language
- ---[]If used pupil is able to understand jokes and idioms and say what they mean

--Social Conventions/Moral

- ---[]Pupil avoids involvements in conflict situations (arguments)
- ---[]Pupil can explain the qualities of a good citizen
- ---[]Pupil contributes and shows a willingness to support community initiatives

-H15:

--Awareness of Others

- ---[]Pupil works with others to resolve conflict
- ---[]Pupil confidently negotiates social activities with friends when there is a conflict of interest

--Communication

---[]Pupil develops strategies to resolve disputes and conflict through negotiation and appropriate compromise

- ---[]When making decisions, pupil can demonstrate that they are based on possible solutions and what the consequences could be
- ---[]Pupil is able to listen and respond respectfully to a wide range of people, is confident to raise concerns, respects and if necessary challenges others views

--Social Conventions/Moral

- ---[]Pupil understands equality
- ---[]Pupil understands the importance of being a good citizen and what British Values means

-H16:

--Awareness of Others

- ---[]Pupil resolves conflict independently
- ---[]Pupil can begin to identify media pressure
- ---[]Pupil can recognise the difference between sexual and non sexual relationships

--Communication

---[]If used pupil can understand more sophisticated jokes and idioms and be able to explain what they mean

--Social Conventions/Moral

- ---[]Pupil is able to identify different groups that can be discriminated against
- ---[]Pupil can identify racial and ethnic stereotypes
- ---[]Pupil can identify the differences and similarities including family and cultures
- ---[]Pupil can recognise and challenge stereotypes

Employment

-H1:

-- Jobs and Careers

- --[]Pupil can identify some different jobs that people we know do
- --[]Pupil can identify some of the ways in which different adults who work in school contribute to school life

-- Organisation

- ---[] Pupil can follow classroom routines and sit quietly when appropriate for increasing periods of time
- ---[] Pupil can take part in new directed and self chosen activities and use the resources with support

-H2:

-- Jobs and Careers

- --[]Pupil understands that there are a range of different jobs in society
- --[]Pupil understands that different jobs require different qualities

--Organisation

- ---[] Pupil can choose tasks independently
- ---[] Pupil knows the order of the school day
- ---[] Pupil can collect equipment for familiar directed lessons/ activities independently
- ---[] Pupil recognises and can look after their own belongings

-H3:

-- Jobs and Careers

- --[]Pupil Identifies jobs people do in the wider community that can help in an emergency
- --[]Pupil begins to identify a job they may wish to do in the future

-- Organisation

- ---[] Pupil can take account of one another's ideas about how to organise their activity
- ---[] Pupil can contribute to the planning of familiar routines with occasional prompts
- ---[] Pupil is aware of the structure of familiar routines
- ---[] Pupil is aware of contrasting resources needed for different routines or activities

-H4:

-- Jobs and Careers

- --[]Pupil can explain what is meant by 'having a job' and understand the responsibilities attached to it
- --[]Pupil can understand that some jobs are paid more than others

--Organisation

- ---[] Pupil has simple problem solving
- ---[] Pupil can identify required resources when planning simple task or working with others
- ---[] Pupil has awareness of time constraints involving organisation and works within familiar routines
- ---[] Pupil can follow a weekly plan/timetable with support (may be visual/oral)

-H5:

--Jobs and Careers

- --[]Pupil understands that there are several different factors that may influence which career path they may choose to pursue. E.g. money, location, responsibility, hours, etc
- --[]Pupil can understand that there are different types of employment. E.g. Paid, full time, part-time, apprenticeships, voluntary work, etc

-- Organisation

- ---[] When introduced to a new routine, pupil listens carefully and successfully undertakes new routine
- ---[] Pupil has awareness of time constraints over longer periods of time involving organisation and work
- ---[] Pupil can follow a weekly plan with increasing independence
- ---[] Pupil can identify the main steps in a more complex task

-H6:

-- Jobs and Careers

- --[]Pupil can describe the steps to gaining employment. E.g. Gaining qualifications, looking for a position, writing a CV, preparing for an interview
- --[]Pupil understands what is meant by 'being professional'. E.g. Honesty/ integrity, appearance, conduct, reliability/ loyalty, etc

-- Organisation

- ---[] Pupil can take part in and organise themselves in new routines and activities
- ---[] Pupil is able to complete a number of tasks within a given timeframe
- ---[] Pupil can complete simple action planning

-H7:

-- Jobs and Careers

- --[]Pupil Identifies that organisations can provide advice and support for our future employment
- --[]Pupil identifies that both employers and employees have legal 'rights' and these are in place to ensure things are carried out fairly

-- Organisation

- ---[] Pupil is more confident /flexible in choosing strategies
- ---[] Pupil is able to follow and write more detailed action plans
- ---[] Pupil can prioritise time according to the priority of tasks

-H8:

-- Jobs and Careers

- --[]Pupil can explain the benefits of diversity for our friendships and our community
- --[]Pupil can identify why stereotyping is unfair
- --[]Pupil can recognise that everyone has 'human rights' and the law protects these rights

-- Organisation

- ---[] Pupil understands the benefits of wide variety of strategies and begins to choose the most effective
- ---[] Pupil is more creative in strategies to use (within regulation or boundaries)

- ---[] Pupil anticipate resources required for an unfamiliar task once it has been explained to them
- ---[] Pupil takes the initiative to plan or present own ideas to a group

Health

-H1:

-- Changing and Growing / Self Awareness / Self Care

- ---[]People understand some of the differences between baby, child and adult
- ---[] Pupil follows a programme of dressing independently
- ---[] Pupil follows a programme of feeding independently
- ---[] Pupil follows a programme of toileting independently
- ---[] Pupil begins to carry out some aspects of personal hygiene

--Wellbeing & Healthy Lifestyles

---[] Pupil shows some awareness of how to keep safe in familiar situations

-H2:

-- Changing and Growing / Self Awareness / Self Care

- ---[]Pupil understands we can do some things now that we couldn't when we were younger
- ---[] Pupil carries out aspects of basic personal hygiene independently, occasionally with adult support
- ---[] Pupil recognises need for help and asks for this appropriately

--Wellbeing & Healthy Lifestyles

- ---[] Pupil is often sensitive to needs/feelings of others and shows respect for selves and others
- ---[] Pupil can treat living things with care and concern
- ---[] Pupil knows how to keep safe in familiar situations/routines

-H3:

-- Changing and Growing / Self Awareness / Self Care

- ---[]Pupils identify stages of the human life cycle
- ---[] Pupil carries out routines, including those for personal hygiene independently
- ---[] Pupil can correct own clothes if incorrect

--Wellbeing & Healthy Lifestyles

- ---[] Pupil shows basic understanding of safety in a wider range of situations
- ---[] Pupil shows sensitivity to others' needs and feelings to form positive relationships with adults and other children
- ---[] Pupil can travel safely around school without an adult

-H4:

-- Changing and Growing / Self Awareness / Self Care

- ---[]People explains how the needs of babies, children, adolescence, adults and older people differ
- ---[] Pupil recognises the need for good personal hygiene and demonstrates this
- ---[] Pupil knows who is best placed to help them
- ---[] Pupil knows how to sit quietly/stillness
- ---[] Pupil begins to understand an increasing number of social rules

--Wellbeing & Healthy Lifestyles

- ---[] Pupil begins to demonstrate resilience
- ---[] Pupil can list ways to stay safe
- ---[] Pupil can list and describe some things that keep them healthy and with support make simple choices about aspects of their health
- ---[] Pupil takes some steps to avoid risks

-H5:

-- Changing and Growing / Self Awareness / Self Care

- ---[]Pupil recognises the correct vocabulary for main parts of the body, including genitalia
- ---[] Pupil can understand possible consequences of good/poor hygiene
- ---[] When introduced to new routines, pupil listens and carries out activity appropriately
- ---[] Pupil remains positive in event of problem or challenge
- ---[] Pupil understands in simple terms where money comes from and some different ways in which it can be used

--Wellbeing & Healthy Lifestyles

- ---[] Pupil is developing resilience by standing up for themselves when challenged by peers
- ---[] Pupil knows how keeping clean can reduce spread of diseases
- ---[] Pupil knows not to share personal information with anyone
- ---[] Pupil can recognise obvious dangers in unfamiliar settings
- ---[] Pupil can recognise the need to stay safe online

-H6:

-- Changing and Growing / Self Awareness / Self Care

- ---[]Pupil understands that bodies change as people become adults for reason (choice to reproduce)
- ---[] Pupil is able to apply knowledge and begin to use a wider number of strategies (thinking flexibly)
- ---[] Pupil can identify different types of relationships

---[] Pupil can show ways of maintaining good relationships

--Wellbeing & Healthy Lifestyles

- ---[] Pupil recognises and can resist peer pressure
- ---[] Pupil knows the difference between harmful and helpful substances and how misuse can harm them
- ---[] Pupil can recognise dangers in more varied situations
- ---[] Pupil can manage unwanted attention from their peers

-H7:

-- Changing and Growing / Self Awareness / Self Care

- ---[]Pupil describes some of the physical changes (body shape, height, onset of menstruation)
- ---[] Pupil begins to understand basic facts about the value of money, how wages, tax and banks work
- ---[] Pupil displays better self control and use of divide, focused and selective information

--Wellbeing & Healthy Lifestyles

- ---[] Pupil has greater awareness of gender stereotypes and has a developing sense of gender identity
- ---[] Pupil, with some support, can express simple ideas about how to develop healthy lifestyles

-H8:

-- Changing and Growing / Self Awareness / Self Care

- ---[]Pupil describes what happens during puberty, including mood swings, emotional changes, hair growth, skin and voice changes
- ---[] Pupil begins to know how they learn best
- ---[] Pupil begins to consider identity, self awareness
- ---[] Pupil understands about different jobs and develop skills for work in the future

--Wellbeing & Healthy Lifestyles

- ---[] Pupil knows what happens when others' rights are not respected
- ---[] Pupil can express simple ideas about how to develop healthy lifestyles
- ---[] Pupils can understand how to manage risks in different familiar situations
- ---[] Pupil can make judgements and decisions, with some support, some ways of resisting peer pressure around issues affecting healthy and wellbeing

-H9:

-- Changing and Growing / Self Awareness / Self Care

- ---[] Pupil can set goals for personal skills
- ---[] Follow a sequence of higher level self care routines

- ---[] Pupil is tolerant and considerate of others
- ---[] Pupil is able to delay gratification when required and can wait for rewards or pleasurable items for prolonged periods of time
- ---[]Pupil can identify reliable sources of advice on puberty, adolescence, growing and changing
- ---[] Pupil is able to reflect on their lives and their learning
- ---[] When faced with adversity, pupil can demonstrate the ability to persevere, in order to improve/solve the problem
- ---[] Pupil, with support, can explore how the media presents information

--Wellbeing & Healthy Lifestyles

- ---[] Pupil can develop strategies to keeps physically and emotionally safe
- ---[] Pupil, with support, can list commonly available substances and drugs that are legal and illegal and describe some of their effects and risks
- ---[] Pupil can understand how to manage the risks of drugs, alcohol in different familiar situations
- ---[] Pupil is aware of and participates in discussions linked to Sex and Relationship Education
- ---[] Pupil is increasingly confident on how to keep themselves safe online
- ---[] Pupils are aware of the benefits and risks associated with social media, and how to keep their information safe
- ---[] Pupil can show good self control and is able to manage his/her feelings and actions to suit the situation